

SELF-PERCEPTION ANALYSIS

PERSÖNLİ

NAME: _____

Method

Complete this form for yourself first. Give the form to at least three people who know you well or not so well and ask them to fill it in for you. Then, have a conversation about the striking similarities or differences.

	1	2	3	4	5	
flexibel	<input type="radio"/>	inflexibel				
reserved	<input type="radio"/>	participative				
indecisive	<input type="radio"/>	determined				
optimistic	<input type="radio"/>	pessimistic				
inconspicuous	<input type="radio"/>	present				
shy	<input type="radio"/>	sociable				
trusting	<input type="radio"/>	suspicious				
cool	<input type="radio"/>	sincere				
cooperative	<input type="radio"/>	uncooperative				
spontaneous	<input type="radio"/>	hesitant				

EXTERNAL PERCEPTION ANALYSIS

NAME: _____

Method

You have received this questionnaire in order to provide an honest assessment of how this person behaves and how you perceive them in different situations. Your feedback will help them gain deeper self-awareness and identify areas for personal and professional development. Please fill out the questionnaire carefully and return it once completed.

	1	2	3	4	5	
flexibel	<input type="radio"/>	inflexibel				
reserved	<input type="radio"/>	participative				
indecisive	<input type="radio"/>	determined				
optimistic	<input type="radio"/>	pessimistic				
inconspicuous	<input type="radio"/>	present				
shy	<input type="radio"/>	sociable				
trusting	<input type="radio"/>	suspicious				
cool	<input type="radio"/>	sincere				
cooperative	<input type="radio"/>	uncooperative				
spontaneous	<input type="radio"/>	hesitant				